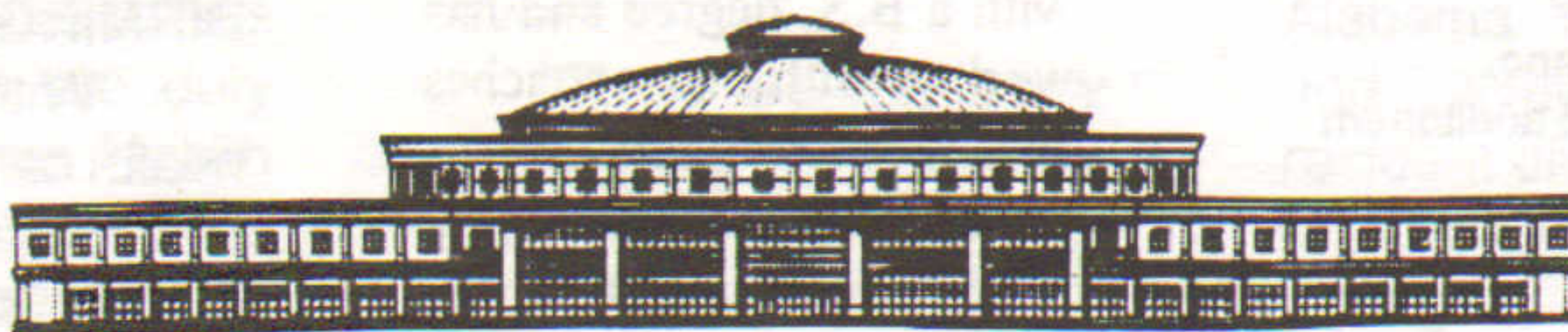


THE SHELTON CHRONICLE



Vol. 3 No. 17

October 1, 1996

The SHELTON CHRONICLE is published twice a month by the Office of Public Relations and Alumni Affairs, (205) 391-2221.

S H E L T O N SCHEDULES OPEN HOUSE AT FREDD

On Sunday, October 13, Shelton State will showcase the progress which has been made on the C.A. Fredd Campus since the merger between Shelton and C.A. Fredd State Technical College in 1993.

An open house is scheduled from 3-5 p.m. and includes an update on plans for the campus by President Umphrey at 3:30 p.m. The community is invited to attend the open house.

Tours of the campus will be given from 4-5 p.m. and will focus on eight areas of the campus which now offer new programs or older programs that have

received new equipment.

These programs include construction technology, graphic arts and commercial art, automotive and small engine, lawn and turf, electronics technology, respiratory care technology, the electronic classroom, the library, and the career center.

For additional information on the open house, call ext. 2610.

THIS MONTH ON CAMPUS

TUESDAY, OCT. 1

CHOLESTEROL SCREENING
1:30 - 2:30 P.M. Screening is done in cooperation with DCH Med Lab. Cost: \$10.

TUESDAY, OCT. 1

TERRIFIC TUESDAYS
CONCERT

Kotoe Shimojo, organist
1 p.m. Skyland Auditorium
Skyland Campus

TUESDAY, OCT. 1

QUALITY COUNCIL
3:30 p.m. Old Wellness Center
Skyland Campus

WEDNESDAY, OCTOBER 2
STUDENT SUPPORT
SERVICES STAFF MEETING
9 a.m.

THURSDAY, OCTOBER 3

SI TEAM #5
3 p.m. Room 114 Fredd Campus

THURSDAY, OCTOBER 3

LAST DAY TO DROP
WITHOUT A GRADE FOR
FULL TERM

FRIDAY, OCTOBER 4

SI TEAM #2
11 a.m. Room 1112
New Campus

FRIDAY, OCTOBER 4

RELOCATION TEAM
9 a.m.

MONDAY, OCTOBER 7

ALUMNI COUNCIL MEETING
6 p.m. Room 2002
New Campus

MONDAY, OCTOBER 7

FACULTY MEETING
3:30 p.m. New Campus

MONDAY, OCTOBER 7

SUPPORT STAFF MEETING
4:15 p.m. New Campus

OCTOBER 7-11

FIRE FIGHTERS WELLNESS
FITNESS WORKSHOP
NATIONAL FIRE
PREVENTION WEEK

This workshop is held by the Wellness Center in conjunction with the Alabama

Fire College.

**TUESDAY, OCTOBER 8
TERRIFIC TUESDAYS
CONCERT**

Lisa Buck, Oboe
Pam Penick, piano
1 p.m. Shelton auditorium

**TUESDAY, OCTOBER 8
VPAC 10 a.m.**

**WEDNESDAY, OCTOBER 9
SI TEAM #1**

3:30 p.m. Room 115
Fredd Campus

**WEDNESDAY, OCTOBER 9
SI TEAM #4**

3:15 p.m. Conference Room
Fredd Campus

**SUNDAY, OCTOBER 13
OPEN HOUSE - FREDD
CAMPUS
3-5 p.m.**

**TUESDAY, OCTOBER 22
FLU SHOTS 12 noon - 1 p.m.
Cost: \$10
Faculty, staff, and students**

**WEDNESDAY, OCTOBER 23
FLU SHOTS 8 - 9 a.m.**

Cost: \$10
These flu shots are offered
through the Public Health
Department to faculty, staff,
and students

**SHELTON NAMES
NEW WOMEN'S
SOFTBALL AND
BASKETBALL
COACH**

Steven Tab Jefferson of Jasper, Alabama, has been named the new women's softball and basketball coach at Shelton State. In this position he will be responsible for the two

women's sports programs at the college.

He graduated from Samford University in 1987 with a B.S. degree and has worked with many coaches at summer basketball camps, including Wimp Sanderson, Bobby Knight, Denny Crum, Glen Clem, David Hobbs, Murray Bartow, and Joe Dean.

Before joining Shelton, he was head basketball coach for varsity and junior varsity teams at Sumiton Christian High School in Sumiton, Al. In 1996 his teams were state champions and he was named Coach of the Year.

"Tab Jefferson is extremely qualified for this position," according to Mark Cornelius, athletic director for the college.

"He is an extremely enthusiastic person, and the women's program at the college will feed from that enthusiasm. He is a genuine person and players recognize and respect his genuineness," Cornelius said.

"Our women's program is entering a new era with Coach Jefferson. With him, Shelton's women's teams will become some of the most respected across the state," Cornelius said.

**SHELTON FORMS
PARTNERSHIP WITH
VISITING NURSING
ASSOCIATION OF
BIRMINGHAM**

With the changing health care system in the United States, more emphasis in the future will be placed on home health care. Employment in home health and nursing homes will grow over the next few years due to the increased life expectancy in this country.

Because the United States is an aging population, job prospects for nursing assistants and home health aides should be very good through the year 2005. Home health aides should be one of the fastest growing occupations, more than doubling in employment size.

To meet the needs of this changing population, Shelton is developing a partnership with the Visiting Nursing Association, a regional-based home health care agency with the home office located in Birmingham. Visiting Nursing Association founded in 1938 by the Birmingham Junior League and offers home care services.

The agency provides clinical, supportive, and technical services. The Visiting Nursing Association also offers sitters and private duty nursing, Cardiac Health Force that focuses on the management of patients with heart disease, and durable medical equipment. This new partnership will allow students in Shelton's Nursing Assistant/Home Health Aide program to be placed in actual home health care settings.

Graduates of the college's Nursing Assistant/Home Health Aide Program take the Nursing Assistant Certification exam. Classes in the program are taught during the day and evening.

SHELTON WELLNESS CENTER AND FIRE COLLEGE HOLD WORKSHOP

This month Shelton's Wellness Center in conjunction with the Alabama Fire College will host a week-long workshop, October 7 - 11, to familiarize firemen with fitness and wellness programs. According to Milady Murphy, director of the Wellness Center, this workshop was initiated last year and

was so well received that the Wellness Center and the Fire College decided to make it an annual event.

"There are only a few universities in the country that offer this type of workshop to fire fighters," Murphy said. "The program educates fire fighters in the area of disease prevention, exercise physiology, nutrition, stress management, and back care for the prevention of injury."

This year the fire fighters will learn some innovative exercise training techniques in the super circuit room at the new Wellness Center. They will be introduced to the Crossline concept by Universal which trains individuals in a short period of time to develop cardio-vascular and muscular endurance.

This year's workshop, according to Murphy, will be even more dimensional in its program offerings due to the new location. Fire fighters from across the state will be attending.

In addition to Murphy, presenters scheduled include Dr. Philip Bobo, Dr. S.B. Sundar, Dr. Matt Hitchner, Lea Minovich, Diana Davis, Miki Bond,

and Mike Edson.

Working with Murphy are Bill Langston, executive director of the Alabama Fire College, and Wayne Murray, resident division director of the Alabama Fire College.

DAYS OF OUR LIVES

*By: Marilyn Terry and
Johnny Parker*

Many of you know that each year on November 1, the day after Halloween, the Shelton Spanish Club hosts what is know in Hispanic cultures as "The Day of the Dead." What is the difference between Halloween and the Day of the Dead? Halloween has its roots in medieval Europe, where the concept of death was associated with demons, witches, and goblins, all negative. In contrast, The Day of the Dead originates from the Indo-Hispanic custom that expresses love and respect for those who have passed on, celebrates the process of life, family relationships, and spirit of community - all positive. In many respects, the Day of the Dead is the cultural equivalent of the American Memorial Day or Decoration Day observances.

Just as ethno-cultures may have differing views on live events, so can organizational cultures. A recent article in the Quality Education Division (AED) of the American Society for Quality Control (ASQC) illustrates the point. The article was entitled "Everyone Wants to go to Heaven, but No One Wants to Die." This thought provoking title reminds us that sometimes we must experience loss to achieve something better. A more practical title might be "Everyone wants Progress, but No One Wants to Change." Sometimes old ways must die for us to grow. Change is often difficult. Change triggers fear. We often resist change out of fear. It requires us to step outside of our comfort zone and experience something new. This can be frightening or exciting, depending on our attitude toward change. We can view change negatively or positively. It is our choice.

As we enjoy the cultural festivities of our annual Day of the Dead observance on November 1, let's think about the many changes we are experiencing at Shelton State in a positive way. Maintaining a positive attitude will help us deal with change more

effectively. Like the Day of the Dead customs, we can remember and appreciate those who have gone before us, value the relationships we enjoy within the Shelton family, and celebrate our sense of community and TEAMSpirit.

The Shelton Chronicle welcomes the ideas and thoughts of faculty, staff, and students of the college.

ENTREPRENEURIAL INSTITUTE

The fall Entrepreneurial Institute workshops will begin soon under the direction of Fran Viselli and Larry Mund. The purpose of this program is to create a world class institute that caters to and nurtures the technical, academic, and personal needs of small business "entrepreneurs."

Working with Viselli and Mund on the project are several local business representatives. Ken DeWitt of DeWitt and Dewitt, CPA, Alan Davis, Jessup and Associates, Sidney Cook, Rowen Cook, Sledge, Davis, Carroll and Jones, Charlie Dunn, Bank of Tuscaloosa, and Tommy

Moore, Pritchett-Moore Insurance, are serving as advisory committee members.

QUALITY IN THE CLASSROOM

Copies of **QUALITY CLASSROOM PRACTICES FOR PROFESSORS** by Dr. Robert A. Cornesky are now on reserve in the Skyland and Fredd libraries. Dr. Cornesky has written several books on the practical use of TQM principles, tools and techniques in the classroom setting. The author carefully explains eleven steps for turning TQM training into classroom practices. The handbook uses an educational approach that actively involves the student in the learning system in order to meet customer expectations, including parents, employers, and the instructor. Interested faculty are encouraged to check out this helpful handbook.